

Falkirk (central): COVID-19 Community Efforts

Date: TUESDAY 9TH JUNE 2020

Please find below a list of community responses and efforts being planned, or already taking place, in **FALKIRK (CENTRAL)** in response to the COVID-19 pandemic. This list will be updated regularly, please check back for updates.

If your efforts are not on this sheet and you would like them added, please complete [our online form](#).

| Organisation | Effort/Offer/Activity | Description | Social Media | Website | Contact Name | Contact |
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| Central Falkirk Neighbourhood Buddies | Volunteers | Create a space to exchange ideas, pool our resources, skills, connectivity and know-how, and work to best support each other and vulnerable in the community. | Facebook | | Mairi-Christine Summers | Via Facebook group |
| Epilepsy Connections | Support services (by phone) | Epilepsy Connections provide a range of support to adults and children living with epilepsy. Services | Twitter Facebook | | Gill Wilson | 01324 673750 |

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| | | currently scaled back to phone support, which is available to anyone. | | | | |
| Falkirk Safebase | Volunteers Food distribution Drivers Medical support Use of equipment | Falkirk Safe Base has several volunteers (including drivers), transport and a food wagon via the West of Scotland Red Cross (with access to Red Cross and St Andrew's Ambulance Association volunteers). Their street pastors are also available as required, and a number of staff and volunteers have medical support training to emergency care assistant level. | Facebook | | Richard McLennan | Safebase@falkirkdelivers.com 07738572381 |
| Family Mediation Central Scotland | Volunteers / Staff redeployment | Likely to have spare capacity (if staff remain well) due to office closure. | N/A | FMCentral website | N/A | kathleen.fmc@btconnect.com |
| GO! Youth Trust | Community support, use of premises and equipment | Employability and personal development training postponed or moved online; they have volunteers operating in Bainsford and Langlees, central Falkirk, Middlefield and Westfield, the Braes | Twitter Facebook | GO! Youth Trust website | Dave Bremner | dave@goyouthtrust.org.uk 07738060931 |

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| | | and Grangemouth to support their communities, along with use of their youth centre, minibus and large box van trailer. | | | | |
| Monterey Jack's Falkirk | Food provision: "Soup Project". | Cooking and delivering free homemade soup to older people and those who are vulnerable each day while they have capacity. Also running a "Coffee for Heroes" programme, delivering free coffee and treats to frontline workers in Falkirk, and "NHS treats", doing the same for NHS and healthcare workers. | Facebook | Monterey Jacks website | N/A | Via Facebook (daily if needed) |
| People's Church Falkirk | Local provision: food, essentials and prescription collection and delivery Befriending and reducing social isolation | Through their COVID-19 Project Relief and Support, providing parcels of food and essentials, prescription collection, and pickup for supermarket Click&Collect orders. Operating Mon 12pm – 5pm, Wed and Fri 10am – 5pm. Aiming to buddy up people with all older | Facebook | PCF website | David and Elaine Morrison | office@pcfministries.org 07525754201 or 07957867879 |

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| | | people they are in touch with, to reduce social isolation and help provide items and deliveries, along with chats on the phone and regular check-ins. | | | | |
| Pots Café | Food provision and delivery | Free batch cooking and delivery for older people; orders should be placed through Facebook with name and address in first message. | Facebook | N/A | N/A | Via Facebook or potscowwynd@gmail.com |
| Salvation Army Falkirk | Food provision | Running a drop-in from their centre Monday – Friday, 12:30pm – 2:30pm, with a takeaway meal and cup of soup. Open to anyone in difficult situations or dealing with homelessness. The centre is located at 1 Woodside Court, Falkirk, FK1 5AN, near High Station, and no paperwork or referrals are necessary. | Facebook | N/A | Campbell McDiarmid or Ian French | falkirk@salvationarmy.org.uk 01324 627425 |
| The Fork and Mustard | Food delivery and collection | Offering deliveries and collection for customers; deliveries over £10 free. Food free of charge to emergency service workers (police, | Facebook | Fork and Mustard website | N/A | 01324 637374 |

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| | | ambulance services, NHS workers, fire services, etc). | | | | |
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